



More Happiness!  
Matthew 5:5-7  
Series: *The Sermon On The Mount*, #2  
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### Three More Parts Of Kingdom Living.

1. Gentle. (5:5)
  - a. Understanding the term.  
(See also Matthew 11:29; 21:5; Galatians 5:23; 6:1; Ephesians 4:1-2; 1 Peter 3:15)
  - b. Looking at it in real life.  
(Example: Joseph, Genesis 37:1-36; 42:1 – 47:12)
  - c. Examining the meaning in this setting.  
(See also Galatians 5:22-23)
2. Hunger and thirst for righteousness. (5:6)
  - a. The kind of hunger and thirst.
  - b. The object of this hunger and thirst.
3. Merciful. (5:7)
  - a. The typical meaning to people in the first century.
  - b. The meaning of Jesus.  
(See also Lamentations 3:22; Luke 6:36; 1 Ephesians 2:4; Timothy 1:13).

## God's Blessings Of True Happiness.

1. Inherit the earth. (5:5)  
(see also Psalm 37:16; Romans 8:17; 1 Corinthians 3:21-23; 5:17; 6:2; 2 Corinthians 6:10)
2. Be satisfied. (5:6)  
(See also Psalm 107:8-9; John 4:14, 6:35; Philippians 4:12-14)
3. Obtain, receive mercy. (5:7)  
(See also Exodus 33:19; Psalm 18:25-27; Matthew 18:21-35; Romans 9:15; Ephesians 2:4; 1 Timothy 1:13; 1 Peter 2:10)

### In My Life This Week

(As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.)

**Monday.** Begin the week with a review. What does it mean to be *poor in spirit* and to *mourn*? As we noted on Sunday, these qualities in the Beatitudes are a unit, much like the Galatians 5 fruit of the Spirit — you can't pick and choose, rationalize or excuse. What kind of personal growth do you see?

**Tuesday.** What does it mean to be *gentle (meek)*? This quality is part of the fruit of the Holy Spirit (Galatians 5:23). Are you being faithful to God today so this quality can grow in you? What did Jesus mean when He said that the gentle shall inherit the earth? What does it mean for you, now and in the future?

**Wednesday.** Jesus tells us that happiness is for those who “hunger and thirst for righteousness.” Christians are in the righteousness of Christ, and so are acceptable to God. Believers live righteously when we are what we ought to be. How righteous are you today? What did Jesus mean when He said if you hunger and thirst for righteousness you will be satisfied?

**Thursday.** “Happy are the merciful.” Describe what it means to be merciful. Where would you be if God were not merciful to you? Having received mercy from Eternal, Holy God, how can we not be merciful to others? Review the outline references and your notes. Now describe what it means that the merciful will receive mercy.

**Friday – Saturday.** On Sunday we plan to look at the next three Beatitudes in 5:8-12. Read and think through them as you prepare for our time together.